

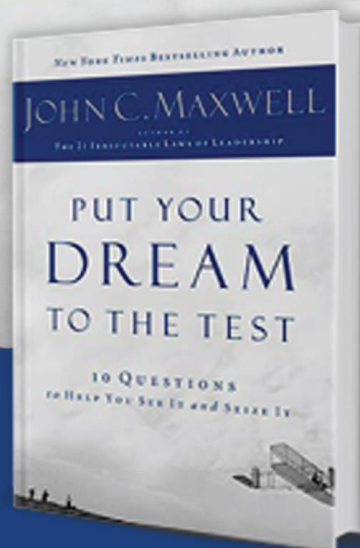
# PUT YOUR DREAM TO THE TEST

10 QUESTIONS  
*to HELP YOU SEE IT and SEIZE IT*

## MASTERMIND WORKBOOK PARTICIPANT



Based on the book  
*by John C. Maxwell*



John C. Maxwell©



### **Chapter 3:**

## **THE REALITY QUESTION**

*Am I Depending On Factors Within My Control*

*To Achieve My Dream?*

Is a dream worth pursuing if it has no chance of becoming reality?

Discuss “You can go as far as your dreams will take you.” Do you agree or disagree with this statement and why?

### **WRONG SUCCESS MINDSET**

Why are people who build their dreams on reality different than those who have dreams but are not intentional?

What is the difference between *Fantasizers* who rely on luck and *Dream Builders* who rely on discipline?

Explain the difference between *unhealthy expectations* vs. a *healthy discontent*?



What is the difference between people who look for *excuses* and those who are only interested *in results*?

Discuss the difference between the Victim Mentality and Victor Mentality:

### **READ THE FINE PRINT**

What is the fine print when it comes to your dream?

- a) How long will the journey take?
- b) What obstacles will have to be overcome?
- c) How well do you handle disappointments?
- d) What disappointments will you be able to endure?
- e) What price are you willing to pay for your dream?



### HOW DO YOU RESPOND TO REALITY?

Why is it important to know your strengths and weaknesses before moving toward your dream?

### IS YOUR DREAM BUILT ON YOUR REAL STRENGTHS?

Why do you suppose it is important to build on your strengths as opposed to building on your weaknesses?

1. Building on Your \_\_\_\_\_ Activates the Law of Least \_\_\_\_\_.

What is the Law of Least Effort?

How will it affect your life?

2. Building on Your Strengths \_\_\_\_\_ Consistently Good \_\_\_\_\_.

What are the effects of consistently building on your strengths?



3. Building on Your Strengths Gives You the \_\_\_\_\_ Return.

Describe to the group what your strengths are?

How does the story of Michael Jordan's stint in baseball illustrate this?

### **IS YOUR DREAM BUILT ON YOUR REAL HABITS?**

*"We are what we repeatedly do.*

*Excellence then is not an act, but a habit." Aristotle*

Why is excellence not an act, but a habit?

Do you have the right habits to achieve your dreams?

What habits do you need to break that are not conducive to your dream?

### **MAKE REALITY YOUR ALLY**

What habits do you need to develop that are conducive to your personal achievements?



### **APPLICATION: The Reality Question**

Rate how well you are doing: 1 – 2 – 3 – 4 – 5 – 6 – 7 – 8 – 9 – 10

Questions to answer in your journal:

- What are the qualities needed in a person who desires to accomplish your dream?
- What background and what kind of experiences does that kind of person usually possess?
- What skills do you need to acquire to be able to bridge the gap to your dream?
- How long will it take you to acquire those skills?
- What will it cost you to possess those experiences and acquire those skills?
- What habits must you begin cultivating today in order to become someone who can achieve this dream?
- Do people whom you respect affirm that you are or have the potential to become someone who can achieve this dream?
- What do you expect to be the greatest obstacle you will face while working to achieve this dream?
- How long do you expect the accomplishment of your dream to take?
- How much work will it require?

Discuss your plans with the Mastermind next week.

Read Chapter 4 for the next meeting.



## Chapter 4:

### THE PASSION QUESTION

#### *Does My Dream Compel Me To Follow It?*

*“If you are working on something exciting that you really care about, you don’t have to be pushed. The vision pulls you.” - Steve Jobs*

What are the implications of that statement?

### PASSION CREATES POSSIBILITY

*“Passion is a critical element for anyone who wants to achieve a dream. Why? Because it is the starting point of all achievement.”*

### THE POWER OF PASSION

How would you rate your level of passion for your dream today?

1. Passion Pulls \_\_\_\_\_ Up – Enabling Us to Overcome \_\_\_\_\_.

How does having passion for a cause enable you to overcome adversity?

What is going to carry you through the tough times?



- a) What do I have to study while others are sleeping?
  
- b) What is it that I need to prepare while others talk about it?
  
- c) What is it that I need to persist in while others have quit?

2. Passion Pushes \_\_\_\_\_ – Giving Us \_\_\_\_\_.

Between your dream's inspiration and its manifestation, what kind of efforts will you have to make for it to work?

*“To succeed in life, we must stay within our strength zone but continually move outside of our comfort zone”*

3. Passion Positions Us Well – Giving Us the Greatest Odds for Success.

How does passion bring out the gifts, talents and abilities in you?





Why is it detrimental to our potential when we stay in our comfort zone?

Why does passion position you for greater odds of success in attaining your dreams?

Why does safe living and staying in your comfort zone make people feel regret in the later years?

What are some of the “*should haves*” that people repeat as they advance in years?

### **GUITAR MAN**

What caused Bob to be so compelled to make guitars?



**My Passion Gauge – Where are you on this scale?**

10. My passion is so hot that it sets other people on fire
9. I cannot imagine my life without my dream.
8. I willingly sacrifice other important things for it.
7. I am fired up by it and often preoccupied with it.
6. I enjoy it as one of many interested.
5. I can take it or leave it.
4. I prefer not to think about it.
3. I go out of my way to avoid it.
2. I've put it on my list of favorite things.
1. I would rather have a root canal without anesthesia.

**STOKING THE FIRE**

1. Take into Account Your Natural \_\_\_\_\_.
2. Keep Your Eye on What's \_\_\_\_\_.
3. Overcome the \_\_\_\_\_ of Being Different from Others.
4. Resist the \_\_\_\_\_ that Often Accompanies Aging.

Which of the previous insights identifies what you need to overcome to have your dream compel you to go for it?



### **APPLICATION: The Passion Question**

Rate how well you are doing: 1 – 2 – 3 – 4 – 5 – 6 – 7 – 8 – 9 – 10

Questions to answer in your journal:

- In what areas of your life do you display the most initiative?
- If you could spend the rest of your life doing one thing, what would it be?
- What types of activities usually drain you of energy?
- What activities give you energy?
- What issues or causes always fire you up?
- How are your purpose, the things that give you energy, and your dream related?
- If they are not now connected, how can you work to make them connected?
- How can you incorporate more passion-producing activities into your daily schedule?
- Do you need to adjust or fine-tune your dream so that your passion, purpose, and dream are aligned?
- If you believe that you do need to make changes, what will it take for you to make them?

Discuss your plans with the Mastermind next week.

Read Chapter 5 for the next meeting.